**WE DO RECOVER**

When at the end of the road we find that we can no longer function as a human being with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death— or find a new way to live. In years gone by very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man’s entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual -- not religious -- program known as Narcotics Anonymous. BT pg 87

**SUGGESTIONS**

A Meeting a Day For The First 90 days
Find a Home Group
Get a Sponsor
Work & Live The Twelve Steps of NA
Be of Service
Change your Playmates, Playthings, & Playgrounds
Don’t Quit 5 Minutes Before the Miracle Happens
Don’t Use No Matter What

There is no model of the recovering addict. When the drugs go and the addict works the program, wonderful things happen. Lost dreams awaken and new possibilities arise. BT pg 91

Esperanza Area Convention of Narcotics Anonymous
eacnasa.org for information.

“Who Is An Addict?”

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

BT Chapter 1.

**KEEP COMING BACK!!**