BL Bi Lingual
CL Candlelight
LT Literature Study
O Open
S Speaker
Sn Smoking Permitted
VM Virtual Meeting - Online/Phone
WC Wheelchair

**MEETING FORMAT LEGEND**

BL Bi-Lingual
CL Candlelight
LT Literature Study
O Open
S Speaker
Sn Smoking Permitted
VM Virtual Meeting - Online/Phone
WC Wheelchair

**SUBCOMMITTEES**
Most subcommittees meet on the 1st Sunday of the month. All may participate and are encouraged to do so. Contact your Group Service Representative (GSR) or subcommittee chairperson for more information.

- **Activities** organizes monthly social activities to promote unity.
  - activities@eanaonline.org
- **Esperanza Area Convention** promotes unity and carries the message of Narcotics Anonymous.
  - eacnaa.org
- **Frolic in the Woods** promotes unity by coordinating the Annual Frolic in the Woods camp out.
  - flow@eanaonline.org
- **Hospitals and Institutions (H&I)** carries the message to addicts who are in hospitals, institutions, jails, and other facilities, who cannot get to regularly scheduled meetings.
  - hand@eanaonline.org
- **Internet Technology** maintains and reviews all internet information.
  - webservant@eanaonline.org
- **Literature Bank** maintains a stock of NA literature which is available for purchase.
  - literaturebank@eanaonline.org
- **Literature Review** reviews literature for approval by NA World Services.
  - literaturereview@eanaonline.org
- **Newsletter** publishes NA-related local and regional events, personal recovery stories and thoughts on NA.
  - newsletter@eanaonline.org
- **Outreach** serves as an outreachted hand to isolated groups and addicts, by phone, by mail, and by car, to make sure no addict goes it alone.
  - outreach@eanaonline.org
- **Phone Line** maintains a telephone information service for NA to help addicts and others in the community find NA easily and quickly.
  - phoneline@eanaonline.org
- **Policy** deals with the policy of Esperanza Area. The general policies of NA are in the 12 Traditions. However, the application of these Traditions is the concern of this subcommittee.
  - policy@eanaonline.org
- **Public Information (PI)** performs public relations service to increase awareness and credibility of the NA Program.
  - publicinfo@eanaonline.org

NA is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other to stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. BT pg 9

We don't have to be clean when we get here, but after the first meeting we suggest that newcomers keep coming back and come back clean. We don't have to wait for an overdose or a jail sentence, to get help from Narcotics Anonymous. Addiction is not a hopeless condition from which there is no recovery. We meet addicts like ourselves who are clean. We watch, listen and realize they have found a way to live and enjoy life with out drugs. We don't have to settle for the limitations of the past. BT pgs 10 & 11

**WE DO RECOVER**

When at the end of the road we find that we can no longer function as a human being either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death—or find a new way to live. In years gone by very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual— not religious— program known as Narcotics Anonymous. BT pg 87

**SUGGESTIONS**

A Meeting a Day For The First 90 days
Find a Home Group
Get a Sponsor
Work & Live The Twelve Steps of NA
Be of Service
Change your Playmates, Playthings, & Playgrounds
Don’t Quit 5 Minutes Before the Miracle Happens
Don’t Use No Matter What

There is no model of the recovering addict. When the drugs go and the addict works the program, wonderful things happen. Lost dreams awaken and new possibilities arise. BT pg 91

Esperanza Area Convention of Narcotics Anonymous

eacnaa.org for information.

**“Who Is An Addict?”**

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways to means to get more. We lived to use and used to live. Very simply, an addict it is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death. BT Chapter 1.